

CULTURE AT THE FRAMES

The Frames acknowledges Australia's First Nations People as the Traditional Owners and Custodians of this land and gives respect to the Elders – past and present – and through them to all Australian Aboriginal and Torres Strait Islander people. The Riverland boasts a rich Indigenous history. Paringa, where The Frames is situated, derives from an Aboriginal term meaning "big bend in the river". The Erawirung people, Traditional Owners of this area, inhabited the River Murray from Paringa to Loxton. They relied on the river for food and materials, such as fish, mussels, yabbies, and reeds for weaving. The land provided game and river gums for canoes, while chert was quarried for toolmaking. The landscape still tells the rich Aboriginal history of its original inhabitants.



ABORIGINAL PEOPLE

We are proud to employ a young Riverland local named Jeremy Michael Sumner, who is a Ngarrrindjeri man from Raukkan. Jeremy shares his skills between working with us at The Frames and as a ranger at nearby Calperum Station. Jeremy often guides our Wetlands and Wildlife Experience with his local knowledge and his warm & friendly persona.



ABORIGINAL FLAVOURS

We incorporate many bush foods into our experiences, from tasting native succulents on our safaris to using them as unique seasonings in our dishes, like saltbush scrambled eggs. We explore traditional uses of native plants for food, fiber, and medicine. Additionally, your retreat's pantry features South Australian bush food-inspired salts and seasonings, enhancing dishes with flavors like bush tomato, native peppercorn, and lemon myrtle.



CALPERUM STATION ECO-CULTURAL EXPERIENCE

Embark on our Calperum Station Eco-Cultural Experience led by an Aboriginal ranger and ecologist to explore the area's ecosystems and learn about its original inhabitants. The tour includes insights into the region's natural and cultural history, such as traditional uses of the land and significant archaeological sites, without the distraction of crowds. Guests also enjoy unique local delicacies, including homemade saltbush damper with quandong jam.